



Ask your school for the following:

Pamphlet *Are Your Kids Safe?*

Book *Keeping Kids Safer*

DVD *Keeping Ourselves Safe for Parents*

What is an abuse policy?

KOS asks schools to review and update their policy that outlines what they will do if a child reports abuse. You can ask to see the policy.

Keeping Ourselves Safe
- you, the school and
Police working together
to keep our children and
young people safe from
abuse.



Keeping Ourselves Safe

A pamphlet for parents, caregivers and whānau





KOS has:

- lessons for children at **primary school**;
- lessons for children at **intermediate school**;
- lessons for young people at **secondary school**;
- information and a video for **parents and caregivers**;
- information for **schools and teachers**.

It is intended that children and young people will do KOS a number of times while they are at school.

What will children and young people learn?

They will learn:

- ▶ to work out when their safety is at risk, for example walking home alone in the dark;
- ▶ how to keep safe when they meet and mix with other people;
- ▶ who and how to ask for help if they, or someone they know, is being abused;
- ▶ to go on asking for help until someone does something to stop the abuse;
- ▶ that it is important to make and follow personal, family and school safety rules.

They will know:

- **that abuse is never okay;**
- **that abuse is never their fault.**

Who teaches KOS?

- ▶ Your local police education officer introduces KOS to the school staff.
- ▶ Your child's teacher will take the KOS lessons.
- ▶ The police education officer may take part in some of the lessons.



What part do parents, caregivers and whānau have in KOS?

- ▶ You can attend a meeting at school to tell you more about KOS.
- ▶ You can find out about abuse and what to do if you think a child you know is being abused.
- ▶ You can talk to your child about what they have learnt in KOS.
- ▶ You can set safety guidelines with your family.
- ▶ You can help young children with the KOS Home Book activities they bring home.
- ▶ You can give the same safety messages as the school is giving.

